



HOME OF HOPE JINJA UGANDA SEPTEMBER REPORT

DIRECTOR'S MESSAGE:



Dear friends, partners and well wishers, Thank you so much for supporting Home of hope and loving children with multiple disabilities. My prayer is that may the almighty God bless you so much. We love you our dear friends and partners. I welcome you to read this September report and hope it finds you in perfect health.

PREAMBLE

Home of hope has done quite a number of activities putting more emphasis on its vision of improving the lives of the children with multiple disabilities and giving them hope in this life, which were managerial activities, physiotherapy and field activities, medical report, achievements, prayer points, future plans and the conclusion. We have included our mission, vision, and the goal for the better understanding of what we do as seen below

Mission: To enhance the health, social and economic welfare of the children with multiple disabilities through the provision of their basic needs, mental development and psycho-social support to both the children and their care givers.

Vision: A socially accepted, included, well cared for and involved community of children with multiple disabilities to acquire self-help skills in order to live independently in Jinja and Uganda as a whole.

Goals: To help children with disabilities overcome the challenges of daily living posed by their disabilities, handicaps or impairments by enabling them to develop physically, mentally, emotionally and socially in order to live productively..

HOME OF HOPE JINJA OBJECTIVES

- ✓ *To teach new techniques so as to achieve independence by maximizing abilities and minimizing handicaps.*
- ✓ *Offer concentrated play for development of motion of joints, strengths of muscles and co-ordination.*
- ✓ *To encourage integration of children into main stream schools.*
- ✓ *Encourage the families of disabled children to engage in income generating projects.*
- ✓ *To encourage normal development in spite of physical emotional or intellectual disability.*
- ✓ *To facilitate children with multiple disabilities to realize their talents*
- ✓ *To improve cognitive functioning of disabled children*

CHILDREN'S ACTIVITIES AT HOME OF HOPE

Its a routine every morning at the home, where immediately after breakfast our children are taken out for sunbathing and afternoon hours taken out to experience the brightness out and also play in the



Some of our children sunbathing



sand and water. This is so healthy for the children and they enjoy it so much.

THERAPY ACTIVITIES AT HOME OF HOPE

During these sessions, children with disabilities were assisted to exercise and stretch their muscles, bear weight on their limbs and work on their joint range of motions through meaningful activities that involved mainly play.

This briefly summarizes the activities that were carried out by the therapy department in the month of September.

Total no. of children	Sessions		Activities carried out	Conducted by;
	Morning	Evening		
55	17	17	<ul style="list-style-type: none"> -Making children stand in the standing frames. -Helping children lie on wedges. -Doing passive and active exercise. -Training children sit in special needs seat. 	Therapists (Eddy and Darius) each 10 children per day, the nannies, nurse and social workers too get involved

- The therapists also planned and supervised body awareness sessions where children were assisted to learn parts of their bodies by the use of exercise mirror in the therapy room.
- The same month also saw children engage in tasks that promote cognitive and intellectual skills.
- They were assisted to paint, weave, complete jigsaws, do modeling activities using play dough etc. The children completed these tasks in groups and they enjoyed them.
- With assistance from care givers, the therapists were also able to plan and supervise programmes that train children with disabilities basic self-help skills such as dressing and undressing, self-feeding, washing, brushing and grooming. This was aimed at encouraging functional independence among these children.

DROP IN CLINICS



EMMA and his mum in for therapy at home of hope

These are clinics that were mainly conducted on Tuesdays and it is always strictly for parents and caregivers of children with disabilities who live within the communities who bring their children for therapy at home of hope. In the month of September we managed to see only 10 clients in all the 04 therapy sessions. The low turn up can be attributed to the fact that parents do not have transport means to bring their children to home of hope for therapy and also unfavorable weather conditions.

CLINIC DAY/ OUTREACH DAY

Every once in a month we get to host clients from the community at Home of hope center where many activities are done on that day. We always encourage our parents to come along with their children where they get to interact with their friends at Home of hope. On the 11/09/2017, the nurse got involved in distributing anti epileptic medication to 33 clients and not only drugs were given out but before that, health



Justine and Olivia attending to the clients on the clinic day

education is given to our clients more so on how to handle a child having seizures,

how to avoid malnutrition, we share the word from the bible and others are prayed for. Among the 33, 17 were males and 16 were females.



We also get to visit the community and by doing so we are bringing services near to the clients who are far from Home of hope. On the 29/09/2017 the nurse, social workers, and therapists travelled to Buwenge where they

managed to serve 43 clients affected by epilepsy, of these, 25 were males and 15 were females. As we go to the community, we are trying to create awareness about disability and more so encouraging our clients to continue taking anti epileptic medication. During these clinics, the

children received therapy and parents received basic training on how to work with their children at home.

MEDICATION

In the month of September, our Nurse, visiting doctor worked tooth and nail with the help of other staff to see our children in perfect health. On the 14th/09/2017 it saw us taking some of the children for review in Mbale Cure hospital for those with cases of Hydrocephalus and spine bifida and those are Junior, Bahati, Jackson, Timothy and Wasswa. Many of our children fell sick and mainly affected with malaria and respiratory tract infection which are always managed by our nurse. We are so grateful to the almighty God for the protection upon us during this month and we still trust him for the best. Below is a table showing the number of children who were sick in the September month

Kind of sickness	Number of children	
Respiratory tract infection	SEX	
	MALE	FEMALE
	15	20
Malaria	3	4

HOME VISITS

In the September month we managed to make some few home visits to our clients in the community. In this month we met **kefa** with spine bifida and was all having pressure sores where his parents had failed to manage them. Great thanks to our nurse, social worker and therapists who visited this boy and managed to provide what was needed to work on the pressure sores. We are hoping for positive results in our next visit



Some of kefa's pictures of the pressure sore are so disturbing hence couldn't include them but the wound is so deep but we are hoping for the best with the treatment we



Our OT demonstrating to the parents on what to do for the pressure sores.

administered to him.

ACHIEVEMENTS ATTAINED

- **Jackson;** is now is now able to engage in play and also turn his head from side to side something he has not been able to do.
- **Vanessa** has begun to crawl and also to respond from the affected left side of her body.
- **Jane** is now able to walk independently after spending less than a year at home of hope



- **Farouk** is now able to feed himself independently and can now communicate verbally which has been a great achievement for us at the home.



CHALLENGES ENCOUNTERED

- Inadequate financial resources to go for home visits
- Inconsistent turn up by the drop in client

PRAYER POINTS

We have the following prayer requests; please join us in prayer so that the almighty God grants them to us

- ✓ Pray for financial provision for we need to complete the new house for the older children at the home since it's on a standstill due to inadequate funds.
- ✓ Pray for the good health of both the children and the staff at the home.

- ✓ The school van, for taking children to school is down, old, and very small, pray for us that God provides us with a car that is big enough for all the school going children.

FUTURE PLANS FOR HOME OF HOPE

We have the following future plans at Home of Hope Jinja Uganda

- Construct a special needs school for our children and this will also benefit other children from the community who struggle to fit in main stream schools
- Construct a house for the bigger children because we believe they are no longer fit to be with the little ones in the same house.
- Construct a dining hall, so that children are fed in a clean place.
- Construct a clinic and therapy centre which will not only help the children at the home but also the surrounding community.

CONCLUSION

We are grateful to the almighty God for the big and loving hearts. The organization would like to applaud everyone who has worked tirelessly and been involved in the ongoing work, so as to achieve progress, ranging from the staff members, volunteers, partners and donors. Home of Hope greatly extends its deep heartfelt gratitude and appreciation to you for your generosity towards children with disability. May the almighty God bless you.