



# HOME OF HOPE OCTOBER 2016 REPORT

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## ***DIRECTOR'S MESSAGE:***



*Hello dear friends and partners I am pleased to write to you letting you know how October has gone, God has been faithful to us, despite of the challenge, we have done a number of things, thank you so much for praying and supporting us, I welcome you to read this report and I pray that it gets you warm.*

## **INTRODUCTION**

Alot of activities were done, putting more emphasis on our vision of improving the lives of children with multiple disabilities in the month of October the activitives were but not limited to, administrative/ managerial activities, physiotherapy activities, and field activities .We have included our mission, vision, and the goal for the better understanding of what we do as seen below.

**Mission:** To enhance the health, social and economic welfare of the children with multiple disabilities through the provision of their basic needs, mental development and psycho-social support to both the children and their care givers.

**Vision:** A socially accepted, included, well cared for and involved community of children with multiple disabilities to acquire self skill help in order to live independently in Jinja and Uganda as a whole.

**Goal:** To help children with disabilities overcome the challenges of daily living posed by their disabilities, handicaps or impairments by enabling them to develop physically, mentally, emotionally and socially in order to live productively..

## HOME OF HOPE OBJECTIVES

- ✓ *To teach new techniques so as to achieve independence by maximizing abilities and minimizing handicaps.*
- ✓ *Offer concentrated play for development of motion of joints, strengths of muscles and co-ordination.*
- ✓ *To encourage integration of children into main stream schools.*
- ✓ *Encourage the families of disabled children to engage in income generating projects.*
- ✓ *To encourage normal development in spite of physical emotional or intellectual disability.*
- ✓ *To facilitate children with multiple disabilities to realize their talents*
- ✓ *To improve cognitive functioning of disabled children*

## ADMINISTRATIVE ACTIVITIES

This month has had alot of activities to be carried out that take plasce at Home of Hope , we capitalize on these ones below.

- Monitoring and evaluation.
- Organising home of hope staff members' meetings
- Planning meetings to enhance the development of the organisation
- Supervision of staff
- Lializing with the community in order for it to access services at Home of Hope

## PHYSIOTHERAPY REPORT

This report briefly high lights the therapy activities carried out by our two therapists in the month of October

Atotal of number of 44 children with different disabling conditions who are at Home of Hope were seen by the two Ots ,the therapy involved seeing 18 children daily,with 9 seen in the morning and another 9 is seen in the afternoon session.the majority of the children seen by therapists were presented with cerebral palsy, this meant that mojority of them were assisted to develop motor skills.

The Ots engaged children in various activities aimed at improving their gross motor skills like standing, walking, crawling, and also fine motor skills was a major focus on improving hand function



**Children being helped to shade in order to improve on their fine motor skills**

On additional to that, Ots and social workers worked , hand in hand in engaging children with disabilities in activities that promote basic help skills such as dressing, toileting,grooming, wassingh self ,brushing teeth, among others activities.Theses activities were aimed at developing and also improving cognitive and intellectual skills

The Ots also engaged children in activities such as painting, colouring, matching shapes, and colours threading, play dough activities, completing puzzles, and many others. The activities were

aimed at developing and improving cognitive and intellectual skills of children with disabilities. Due to continued therapy efforts a few achievements we realised as listed below

- Improvement in the range of motion of children with cerebral palsy whose muscles are stiff
- A boy from the community was casted and there are promising results that his club foot



A boy with a club foot improving after being casted for several times at HOH

There were some few challenges that we faced like

- ✚ Irregular turn up by clients from the community
- ✚ Parents /carer givers of children from community complain of lack transport to and from Home of Hope and look at Home of Hope to provide them with transport

#### **MEDICAL REPORT**

In the month of October both children and staff were disturbed by Malaria, flu, cough and epilepsy but I am happy to report that as Home of Hope we were able to manage those conditions mentioned by treating all the children and the staff.

We had two very malnourished boys who were put on special nutrition rehabilitation and they are now improving but Timothy's condition concerning the head is not improving we hope to go back to cure children's hospital very soon for the insertion of the shunt in his head



Malnourished children who are improving

The table below shows number of children and staff who fell sick in the month of July

CONDITION	NUMBER AFFECTED	CHILDREN		STAFF	
		F	M	F	M
MALARIA	6	0	6	4	2
FLU	10	6	4		
COUGH	8	2	4		
EPILEPY	3	1	3		

**KEY**

M-Male F-Female

**COMMUNITY WORK/FIELD WORK**

***DROP IN CLINIC:***

Every Tuesday at Home of Hope parents/care givers bring their children for therapy and for other services like counselling ,the number keeps on changing on every clinic,many parents and care givers have appreciated our services after realising a great improvement in their children.We thank God for the great work we are doing in the lives of His people.



Clients have come for therapy on a drop in clinic day at Home of Hope

**HOME VISITS:**

We carried out various Home visits and in our home visits we made a few observations as listed below .

below are some of observations made

- ❖ Most of the children with disabilities do not have beddings
- ❖ Those with beddings, the bedding are dirty and filthy
- ❖ They stay naked and those found in clothes are too dirty and ruggy
- ❖ Grand parents are the mojourity in care giving
- ❖ Most children with disabilities are malnurished



Helping a girl to walk at her home

They are left a lone in the house for a long time Basing on the above observations and taking them as challenges facing children with disabilities in communities, in our abilities we have decided

to be providing nutritional support and to be washing their clothes and bedding if found dirty, to counsel the family members so as to develop a positive attitude toward children with disabilities .We know that with time ,our simple approach will change the community’s negative attitude towards children with disabilities

THE TABLE BELOW SHOWS NUMBER of HOME VISITS IN THE MONTH OF October

Wards	No of homes identified
Mafubira	2
Buwenge	1
Namulesa	2
Nakabango	3
Butiki	2
total	10 families

**OUTREACH CLINIC:**

We served the people during this month in the area of epilepsy by buying of anti epileptic drugs and giving them freely to all clients who came to the clinic.we have two categories of clients that is to say:

- a. Center based clients
- b. Community based clients

The main goal of those two categories of clients is to fight seitures in children with epilepsy by adhering to anti epileptic drugs and creating awareness among people in the community who still think epilepsy is a traditional illness.We have trained them on positioning of a person with epilepsy when fitting

Cients under category (a) come for the anti epileptic drugs and therapy at Home of Hope whileas those those under category( b) Home of Hope out reach team takes for them medicine in their various communities

The pictures below are showing clients getting anti epileptic medicine



Clients getting medicine at Home of Hope

Children brouhgt for therapy at a clinic day at HOH

The table below shows service delivery in the Community in the month of October by Home of Hope

Kinds of Disability	SEX		TOTAL	SERVICES OFFERED
	M	F		
Hydrocpalous	2	4	6	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Exercise</li> </ul>
Cerebral palsy	6	5	11	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Exercise</li> </ul>
Spina Bifida	1	2	3	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Exercise</li> </ul>
Epilepsy	10	9	19	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Drugs like carbomazapine, Folic Acid, Phenytoin, Phenobarbitone,Arten among others</li> </ul>
OTHERS	3	3	6	<ul style="list-style-type: none"> <li>• Counseling</li> <li>• Exercise</li> </ul>
<b>TOTAL</b>	<b>22</b>	<b>21</b>	<b>45</b>	

### ACHIEVEMENTS

We thank God for the few achievements we have been able to score in October

- ❖ We managed to serve our clients from the community with anti epileptic drugs, the drugs are quiet expensive now and the number of clients keeps on increasing every month but atleast each client was able to get drugs
- ❖ We also treated all children who were sick,and glory be to God that they got well and we were dicharged from the different hospitals

### PRAYER POINTS

We have different prayer points,t please join us in prayer for God to provide for us in the various areas as seen listed below

- The car that takes children to school is not enough now because the number of children that go to school has increased,this make them to be piled and hence go squized in the

car. This is called over loading which is not allowed according to the road and traffic Act of Uganda, due to over loading traffic police always charge us for that. Secondly the car that we have has many mechanical issues so we are all the time in the garage which makes children miss school most of the time.

- Increasing prices of goods and services which makes budgeting difficult.
- Increasing number of children in the home from the district and yet the government does not give out support to the home.
- Inadequate funds which makes the ministry fail to run its work smoothly and effectively.

### **WAY FORWARD/FUTURE PLAN**

However looking at the above achievements and challenges the home in its planning meetings came up with the following future plans.

- To improve on income generating activities for sustainability
- Sharing ministry information with friends and wellwishers.
- We are trying to fundraise for the children's van through sharing with friends to stand with us financially with the little they have in order to support these children achieve their education through providing transport because without a car they can not go to school
- Providing funds to parents of disabled children for small income generating activities like beads making, necklaces and bracelets (crafts).
- To put emphasis in the community by teaching parents on how to prevent their children from getting disabilities during pregnancy period.
- Teaching the community to understand what disability is about so that we can reduce on the abandoned number of children with disabilities in the community

### **CONCLUSION**

We are grateful to the almighty God for the Love and protection. The organisation would like to applaud every one who has worked tirelessly and been involved in the on going work, so as to achieve progress at Home of Hope, ranging from the staff members, volunteers and partners. Home of Hope greatly extends its deep heartfelt gratitude and appreciation to you for the generosity to the children with disability. Be blessed.